

African Powerlifting Federation Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 18th day of June 2023
achieved a Bench Press of 70kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -52kg weight division, Classic Women's Open Bench Press Only
class.

Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Nicole Coopoosamy

Of the nation

South Africa

On the 18th day of June 2023
achieved a Bench Press of 92,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -76kg weight division, Classic Women's Open Bench Press Only
class.

Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Olivia Perotti

Of the nation

South Africa

On the 18th day of June 2023
achieved a Bench Press of 82,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -84kg weight division, Classic Women's Open Bench Press Only
class.

Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Alexa Pentopoulos

Of the nation

South Africa

On the 18th day of June 2023
achieved a Squat of 127,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -52kg weight division, Classic Women's Open class.
Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Nicole Coopoosamy

Of the nation

South Africa

On the 18th day of June 2023
achieved a Squat of 157,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -76kg weight division, Classic Women's Open class.
Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 18th day of June 2023
achieved a Bench Press of 70kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -52kg weight division, Classic Women's Open class.
Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Nicole Coopoosamy

Of the nation

South Africa

On the 18th day of June 2023
achieved a Bench Press of 92,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -76kg weight division, Classic Women's Open class.
Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Olivia Perotti

Of the nation

South Africa

On the 18th day of June 2023
achieved a Bench Press of 82,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -84kg weight division, Classic Women's Open class.
Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Alexa Pentopoulos

Of the nation

South Africa

On the 18th day of June 2023
achieved a Total of 330kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -52kg weight division, Classic Women's Open class.
Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Megan Leighton

Of the nation

South Africa

On the 18th day of June 2023
achieved a Total of 362,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -63kg weight division, Classic Women's Open class.
Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Nicole Coopoosamy

Of the nation

South Africa

On the 18th day of June 2023
achieved a Total of 457,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -76kg weight division, Classic Women's Open class.
Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Olivia Perotti

Of the nation

South Africa

On the 18th day of June 2023
achieved a Total of 432,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic Open Powerlifting Championships
in St Julians, Malta

This constitutes an African Record
in the -84kg weight division, Classic Women's Open class.
Dated this 18th day of June 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

